Preliminary Findings
Phase 1: Community Needs Assessment
(Qualitative interviews: October 19-20, 2013)
Acknowledgments

- FHDC: Azucena Pleitez, Gabriela Rodriguez, Roberto Jiménez, John Camacho
- UO: Jesus Arneo Leon Monsalve, Lynn Stephen, Blanche Blumenthal, Jeon Small, Alex Maclaren, Kyeong Eun (Christine) Lee, SangAh Han, Charles Martinez, Betsy Ruth
Overview

- Interviews with 19 parents at Colonia Libertad and Nuevo Amanacer
- 9 key informant interviews still to conduct
- Following findings are selective and preliminary
- Questions to keep in mind:
  - Who is missing from these data? (implications for future targeted recruitment)
  - Of health areas identified, which can we influence through parent-focused classes?
  - What more do we need to know* to make a difference in residents’ lives? (*about specific health areas, prevalence of conditions, self-medication and other approaches to manage conditions or concerns)
Parents

- Age of fathers: 41 years (range: 26 – 71)
- Age of mothers: 33 years (range: 25 – 42)
- Average amount of time in FHDC housing: 4.6 years
- Average amount of time in current FHDC housing complex: 3.7 years
Families

- Number of adults in home: 2.16 (range: 1 – 4)
- Number of children in home: 3 (range: 1 – 6)

- Of 49 children living in the homes of participants, the proportion of children by age range is:
  - 1-4 years old: 27% (13)
  - 5-9 years old: 37% (18)
  - 10-14 years old: 29% (14)
  - 15-17 years old: 8% (4)
Preliminary Findings: Strengths

- Promotion of children’s health (e.g., regular visits to the doctor and dentist)
- Positive engagement with children (e.g., coaching soccer teams, volunteering in children’s classrooms)
- Healthy limit-setting (e.g., tv watching and digital game playing)
- Family and parental engagement in organizational activities (e.g., church, events at FHDC, posadas)
- Respect for other parents and for differences in parenting
- Resourcefulness and persistence (e.g., learning new languages, to drive, tracking down resources) to better advocate for children
- Environmental factor: spaces/equipment for young children to play
- Community factor: workshops and classes
- FHDC recognized as such a healthy community, families who are ineligible for FHDC housing move into nearby apartments
Preliminary Findings: Needs

- Childhood obesity and family nutrition and recreation/exercise
- Chronic disease (diabetes, cancers) prevention and management
  - Support groups for residents with chronic conditions and family members
- Chronic pain
- Support for effective parenting and challenges in communication (e.g., about drugs and alcohol; safe sexual practices; technology use) between parents and their adolescent children that are heightened by acculturation differences
- Adult and adolescent depression and anger management
- Adolescent bullying
- Stress management
- Need for educational methods to be sensitive to participants’ varying literacy levels, linguistic and cultural diversity, and simultaneous use of Western medicine and indigenous healing practices
Factors to Inform Intervention Development & Delivery
Mothers' Education

- Never attended school: 10.00%
- 3rd grade or less: 10.00%
- 8th grade or less: 10.00%
- Some high school: 10.00%
- High school graduate: 30.00%
- Two year college graduate: 20.00%
Parent Comfort Hearing and Understanding Spanish

Number of Parents

Pretty comfortable: 5.56% for Father, 5.56% for Mother
Very comfortable: 44.44% for Father, 44.44% for Mother
Parent Comfort Speaking Spanish

Number of Parents

- A little uncomfortable: 5.26%
- Pretty comfortable: 5.26% (Father), 5.26% (Mother)
- Very comfortable: 36.84% (Father), 47.37% (Mother)

Legend:
- Father
- Mother
Parent Comfort Reading Spanish

- **A little uncomfortable**: 5.56% (Father), 5.56% (Mother), 0.00% (Other)
- **Pretty comfortable**: 11.11% (Father), 5.56% (Mother)
- **Very comfortable**: 38.89% (Father), 38.89% (Mother)
THANK YOU!

QUESTIONS?

COMMENTS?